



Resources Available to Victims of Sexual Assault



Victims do not need to recover from sexual assault alone. Sexual assault is a crime. A friend or advocate may provide emotional support, but the Army provides professional resources that care about you and what you have gone through. The following resources are needed and available to help you.

- **Unit Commander.** Please call _____ at _____
- **The Chaplain*.** The Chaplain is available for support. Please call _____ at _____
- **Military One Source* (for Military and their family members).** To speak with a counselor call 1 (800) 655-4545 (CONUS), internationally toll-free 1 (800)3429-6477, or internationally collect at (484) 530-5947. This service is no cost to you.
- **Local Rape Crisis Center* (for all others not serviced by Military One Source).** _____
- **Unit Victim Advocates.** _____

If you are in need of urgent medical attention, call 911. If you are not injured, you need medical assistance to protect your health. The medical treatment facility (MTF) offers you a safe and caring environment. To protect evidence, it is important that you do not *shower, brush your teeth, put on make-up, eat, drink, or change your clothes* until advised to do so.

- **The MTF you or law enforcement should contact is:** _____

Reporting is an important step to ending sexual assault and violence. To report the crime, contact one of the following:

- **Military Law Enforcement.** _____
- **Local Law Enforcement.** _____

For additional information and resources, please consult the Army's web site dedicated to the prevention and response to sexual assault at

www.sexualassault.army.mil

Remember, you have the right to be treated with fairness, dignity, and a respect for privacy.

* Items marked with this symbol indicate confidential resources to discuss what you have experienced. Additional confidential resources include psychotherapists and legal assistance attorneys.